A Prayer for our Reconciliation Candidates

Loving God help us to teach our children that you love us totally and unconditionally.

Help us to encourage our children to grow in love and to learn how to say sorry, knowing that you always forgive.

Give us the courage to pray with our children and to share our faith with them as we journey together.

We ask this through Christ our Lord.

Amen

Dear Parents, Students and Community Members,

Last Friday, our staff joined approximately 200 other educators at the Capes Conference at St Mary Mackillop College. It was the most beneficial experience I have had for a long time. I was able to attend practical sessions based on teaching and learning presented by teachers who are actually involved directly in the classrooms. On a personal level, I gained something practical from all six sessions that I can apply to help the students, teachers and education assistants to promote even more effective learning in our school.

At our staff meeting on Tuesday, all of our staff shared a learning, a strategy or a resource that they could use within the classroom or school. It was really pleasing to hear that everyone benefited significantly from the day. Please read Mr Torrese's report in the curriculum section of this newsletter.

Thanks and congratulations to the OLC presenters: Mr McSevich, Miss Prowse, Mrs Hunt, Mr Torrese and Mrs Meyer. One conversation I had with a leader from another school, who had attended all three of OLC's presentations, revolved around the idea that I must be pleased and proud to have so many excellent teachers at OLC. Along with accepting this positive feedback graciously, I pointed out that this group of staff are examples of the excellent learning happening under the direction of our wonderful staff in all classes and in specialist learning areas.

On behalf of all who attended, my thanks to the organising committee of Kerry Muste, Wayne Cowie and Chris Wallace (all from St Mary Mackillop) and Adrian Torrese and Martin Major (from St Thomas More, Margaret River). It was an outstanding conference, very well organised, utilising an excellent venue.
Community Events Happening in Our School

The next month is very busy with several community events. We have:

- The First Reconciliation Commitment and Year Two Family Mass on this Saturday 27th August at 6.00pm
- Sacrament of Reconciliation for Year 3 – Wednesday 31st August at 6.00pm
- Fathers’ Day Breakfast – Friday, 2nd September at 7.45am.
- Year 4 Eucharist Parent Meeting – Wednesday 7th September at 7.00pm.
- School photographs on Thursday 8th and Friday 9th September.
- School Production (Shrek) – Matinee on Tuesday 13th at 11.30am, performances on Weds 14th and Thursday 15th at 7.00pm.
- Fathers’ Day Breakfast – Friday 2nd September at 7.45am.
- Learning Journeys on Monday 19th September (K-6).
- OLC Jumps Day Tues 20th September.
- OLC Throws Day Weds 21st September.
- Sports Carnival on Thursday 22nd September.
- Professional Development Day for Staff on Friday 23rd September – No classes for students.
- Last Day Term 3.
- We start next term on Mon 10th October with a staff PD – no classes for students.
- Term 4 commences for students on Tuesday 11th October.

With so much happening, I thought I would make a feature of these dates so no families miss anything.

Fathers’ Day Breakfast – Friday 2nd September 7.45am

On Friday, 2nd September, we will be having a Father’s Day Breakfast. Dads (and Grandads) and their children are invited to join us at the school from 7.45am to share in a delicious breakfast of bacon and eggs, funded by the P&F and cooked and served by the staff. If you would like to come, please rsvp with numbers (most important for catering) to marrell.fran@cathednet.wa.edu.au, or call 9755 3866.

Please bring a gold coin donation to assist with the costs.

Thanks to the P&F for funding the breakfast and to our staff for your help. Particular thanks to Mrs O’Leary and Mr Hogan for coordinating the breakfast.

School Photos

Our School Photographs will be taken on Thursday, September 8 (and Friday 9 September for KGR) this year. All students need to attend school in full winter uniform, including the school jumper. Long hair needs to be tied back with a school scrunchie. Hair needs to be combed and well groomed. Girls need to wear the uniform white socks not black tights for the photos. Please ensure that all uniforms are in good order and children are well presented on the day. Please remember to give your child their order form to bring in on the morning of the photos.

Enrolments for 2017

We continue to have enquiries for enrolments for next year. Many of our classes are now full and I have had to put students on the waiting list. If any families know that they are not going to be here next year, could they please let me know as soon as possible so we can accommodate the families awaiting a position in our school.

Holistic Health Network South West – South Wellness Expo – Sunday 30th October

The inaugural South West Wellness Expo will be held on Sunday 30th October 2016 at the Busselton Queen Street Precinct from 9am to 3pm. The expo will feature local health practitioner stalls so the community can meet practitioners and learn about the services they offer; workshops including yoga, painting, dance and mindfulness; as well as interactive panel discussions with local health practitioners. The focus of the expo is empowering families, children and teens to take control of their own wellness.

As a promotion of the event, students in our school will be participating in an age appropriate colouring competition. We will submit the finished pieces for the children. There will be prizes for those who are judged as winners. Children are invited to come along with their families to enjoy the bouncy castle, face
painting and delicious food and to see those lucky enough to be winner receive their prize from a local sporting identity.

**Parish Safeguarding Protective Behaviours Parent Workshop – Thursday 1st September 7pm – 9pm**
This two-hour (free) workshop assists parents to empower children with the right to feel safe and sets out ways in which they can gain the appropriate help. It has been provided by the Our Lady of the Southern Cross Parish, Dunsborough and will be held in the Hall at the school. RSVP essential to olotsc@westnet.com.au. (See flyer attached).

Our staff will also be participating in a highly recommended Protective Behaviours Programme on the Tuesday after school finishes at the end of the year. This programme will be introduced into our curriculum in 2017.

God bless,

Des Wilkie

Principal

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**Happy Birthday! - Wishing you a very happy Birthday!**

- Charles Parker
- Evie Valmadre
- Marley Thompson
- Grace Bateman
- Rhavi Howard
- Amelie Lambert
- Matilda Lambert
- Tara Tutt
- Chelsea Harslett
- Coco Morris

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**OLC Catholic Community Corner**

**ASSUMPTION MASS AND MISSION MARKETS**
Staff and students enjoyed a beautiful day celebrating our school feast day with a prayer service for the Assumption of Mary, followed by our Mission Markets Fundraiser and an afternoon of games. Many thanks to all OLC staff and families for their market contributions, organisation and assistance on the day. A particular thank you to our senior students who were admirable in their assistance to the younger students during the markets and games. A total of $1208.40 was raised for to help people struggling with poverty in a number of different areas in our world. Thank you and congratulations everyone!
SACRAMENT OF RECONCILIATION
On Wednesday night, the Year 3 students who are preparing for the Sacrament of Reconciliation attended a workshop with their parents in Red Room. This evening was intended to help families recognise that through Reconciliation we forgive ourselves and others; we learn from our mistakes; and that with God’s help, we have the power to keep changing for the better. All families are invited to join the Year 3’s in their Reconciliation Enrolment Mass this Saturday (see below) and in the reception of the Sacrament next Wednesday, 31st August. The Sacrament will take place at 6.00pm at Our Lady of the Southern Cross Church. Please keep our Year 3 students in your prayers as they prepare during this special time.

FAMILY MASS
This Saturday Year Two class is hosting Saturday’s Family mass at Our Lady of the Southern Cross. This mass will also involve the enrolment of our Year 3 students for the Sacrament of Reconciliation.  We would like to extend an invitation for all our OLC families to join in the parish mass at 6.00 pm. You are also invited to stay behind after mass to share a pizza snack with each other and members of the parish. Many thanks to the OLC P & F, who have generously funded our pizzas to encourage school and parish interaction, and to Warren and Katinka Boyes at Big Pig Pizza who are providing the pizzas at a discount to the school. Thanks also to Eloise Jennings-Hopkins and Alicia Higgins for assisting with the organisation and running of the Mass.

God Bless.

Mrs Amie Meyer, OLC Religious Education Coordinator.

Our Learning Culture

Capes Conference 2016

Last Friday the OLC staff participated in the inaugural Capes Conference. The theme of the conference was “Growth Through Great Teaching and Learning” and included 250 teachers and Educational Assistants from 10 schools from our South West region.

The delegates had an opportunity to explore and learn through workshops around the following subthemes:

- Know Your Students and Know How They Learn
- Effective Teaching Effective Learning
- Creating & Maintaining Safe Learning Environments
The Keynote of the day was Dr Tim McDonald, Executive Director for Catholic Education in WA. Previous to coming to CEWA Tim was an Associate Professor at Edith Cowan University. His presentation was based on his research during his time at ECU into effectively engaging students. Crucial to his research was the identified “Compliant Disengaged” group of students that “coast” along each day, doing the right thing, being courteous but lack substantial growth in their learning progress. According to the research, this group of students make up 20% of classrooms. Tim’s keynote was not only inspiring but also left a motivating and positive impression on all the OLC staff. It was affirming as this is an area that we have already begun planning and intervention towards.

Also attending and taking the role of Master of Ceremonies was the CEWA Director of Teaching and Learning, Mrs Gabrielle Doyle. Her poise and expertise was greatly appreciated.

The bulk of the day involved the delegates choosing and attending concurrent sessions that teachers and CEWA consultants presented. These included session titles such as:

- Explicitly Teaching Reading Comprehension Strategies (Yrs 1-6)
- Sustained Shared Thinking - Connecting with Children
- Mastery Learning Masterful Teaching
- Creating Calm Classrooms
- Creating with iPads
- Effective Teaching practises in Junior Primary
- Leading Curriculum Change
- Science Activities for the Lower Years
- Using Assessment and Data in your Classroom
- Growth Mindsets
- Childhood Anxiety

And many more.....

Wonderfully, OLC had many of our own staff (Monique Prowse, Kristy Hunt, Amie Meyer, Sean McSevich and myself) presenting highly engaging learning sessions that were well received.

Feedback from all the schools that attended has been enormously positive. This is reassuring and encouraging as planning for the 2018 Capes Conference is already underway.
Respect – Our Term 3 School Value

Thank you to Kathy Holt for working with students and creating the wonderful “Respect” display board in our undercover area.
Our Early Childhood classes have illustrated the importance of respecting others, how others feel when they are disrespected and that it’s important to always be kind to your friends.
Lovely work everyone!

LOST PROPERTY
There are quite a large amount of items of lost property being held at the school, including jumpers. If your child is missing an item, will you please check in the school’s lost property.

CCI INSURANCE – SCHOOLCARE 24 HOUR COVER
All students at OLC have 24 accident cover. This includes accidents that occur out of school hours.
Please see attachment for more information.
Canteen Roster
Please make note of your scheduled canteen slot. If you are unable to make it for your scheduled session, please organise to swap with someone else on the list. Please call Fflur if you cannot find a replacement on 0409 104 409.

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<th>Week</th>
<th>Date</th>
<th>Volunteer 1</th>
<th>Volunteer 2</th>
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<tr>
<td>Week 7</td>
<td>Tues 30th Aug</td>
<td>Sue- Ellen Phillips</td>
<td>Georgie Valmadre</td>
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<td>Thurs 1st Sept</td>
<td>Carolyn Moylan</td>
<td>Shannon Jordan</td>
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<td>Week 8</td>
<td>Tues 6th Sept</td>
<td>Catri Jones</td>
<td>Belinda Gilbert</td>
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<td>Thurs 8th Sept</td>
<td>Vanessa Hodge</td>
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<td>Week 9</td>
<td>Tues 13th Sept</td>
<td>Kirsty Darlington</td>
<td>Louise De Chiera</td>
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<td>Thurs 15th Sept</td>
<td>Amanda Prestipino</td>
<td>Donna Trigwell</td>
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<td>Week 10</td>
<td>Tues 20th Sept</td>
<td>Anthea Brown</td>
<td>Deb Brice</td>
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XSCAPE AT THE CAPE LOCALS CARD P & F FUNDRAISER

As part of our fundraising efforts for this term “Our Lady of the Cape” is running a joint promotion with Xscape at the Cape Fun Park and their Locals Loyalty Card. We will be distributing to all parents a letter outlining the Fundraiser next week.

This unique opportunity enables you to purchase your very own Xscape at the Cape Locals Card for $40.00, with $8.00 from every card purchased going to the school P & F. All purchased Locals Cards between 29th August and the 19th September will receive a FREE H20 Combo Ticket valued at $40.00, to be used any time between the 10th October - 30th November 2016, plus you will also go in the draw to WIN an all inclusive Birthday Party for 8 People at Xscape at the Cape valued at $280!!!

Fundraiser Dates: Monday 29 August - Monday 19th September 2016
Payment Options: Cash or Credit Card Form
Winner for Birthday Party Drawn: Thursday 22 September 2016

* All forms must be put in the Front Office Collection Box

Thank you for your continued support of the School P & F! If you have any questions please do not hesitate to contact Jodie Spencer on 0439 946 139 or via email at marketing@xscapeatthecape.com.au.
Books, Toys and games (in good condition) can be dropped off at the lower green shed first thing every school morning and they will then be stored in there until the fete.

Each child would have received a copy of the form for School Calendars. This year the options have been broadened. Please send your orders to each child’s class teacher by the 9th September, including payment in an envelope attached. Payment can be made either by cheque or cash.
Fruit for Sale
Fresh citrus fruit just picked- spray free, tasty and full of goodness.
All proceeds to the OLC Fete as fresh produce stall. Please leave your donations of $2 per kilo in the basket/jar outside the classrooms.

Scholastic Order
Someone has placed an order for “The Ultimate Sleepover Guide” but didn’t put their name on the form. The order was paid with cash. If this was you, the book is available at reception to be collected.

Book Club Issue 6

Are koalas related to bears?
Would you eat raw steak and egg for breakfast?

AUTHOR PROFILE—Aaron Blabey
- Aaron Blabey is the creator of the well-loved best-selling children’s series Pig the Pug and The Bad Guys, which are published in over 25 countries.
- He wrote his first book—Peart Barley and Charlie Parsley—on a piece of toilet paper 10 years ago.
- Aaron has had many different jobs. He’s been an actor, painter, grape picker, designer, video shop dude, comic-strip creator and college lecturer. While he hasn’t enjoyed all of it, he’s proud to have lots of weird chapters in his life.
- He has VERY strange breakfasts: leftover fish curry or raw steak and egg and sometimes even a box of dry biscuits washed down with juice!

Are koalas related to bears? No.
Would you eat raw steak and egg for breakfast? No.

FUN FACT
Although you may have heard people call them ‘koala bears’, koalas are in fact marsupials and are not related to bears. The closest relative to the koala is the wombat.

AGES 3+
G’day, my name is Warren
Warren the koala is many things—cute and furry, a bit of a grump - but he’s definitely not a bear!

AGES 6+
Ballet, balls and boaters
Do you want to be a famous ballerina? A soccer star? Or brave enough to swim in the deep end of the pool? Join Billie B Brown in her three favourite sporty stories.

AGES 6+
Aussie animals beware!
Watch out—an old lady’s loose in the Australian bush and she’s starving. Would you eat a mozzie like the old lady?

AGES 10+
More over Minecraft
Want to design and make your own video games? Dive right in with this easy-to-follow book and create games that you and your friends can play!

Quiz! Who here knows what the koala and wombat have in common?

Books:
Don’t Call Me Bear
Aaron Blabey
Item 302—Page 1

Billie B Brown—
Billie’s Sporty Stories
Sally Rippin
Item 060—Page 6

There Was An Old Lady Who Swallowed a Mozzie
P. Crumple
Item 210—Page 13

Designing Digital Games
Item 063—Page 1

Make Your Own Peeps
Item 930—Page 1
The **Mobile Dental Clinic** will be at Dunsborough Primary School until the end of term 4. If you wish to make an appointment please call into the Mobile between 8.30 and 16.00 or contact us at busseltonmobile@dental.health.wa.gov.au.

If you have changed address or mobile phone number since your last visit please update us by email. If your children are regularly seen in private dental practice or you do not require treatment in the Mobile please let us know by email stating your child’s full name and D.O.B. and contact details. **Busselton Mobile DTC | Dental Health Services - Ph: 0417 269 232 | BusseltonMobile@dental.health.wa.gov.au | www.health.wa.gov.au | www.dental.wa.gov.au**

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**Helping kids focus in the age of distraction**

By Sarah Wayland

**Finding ways to turn your kids from flitters to focusers – how teaching your children to ‘stick with it’ can have lifelong benefits.**

As a society we often debate about the ‘right’ amount of screen time, and with the introduction of personal screens over the last decade, to add to TV, laptops and desktops, the focus on a single task has slowly ebbed away. The British Psychological Society found that too much screen time (more than their recommendations of no more than 2 hours per day) could unintentionally cause permanent damage to a child’s still-developing brain. Impacting the capacity to focus, to concentrate and to give attention to tasks.

Neuroscientists tell us that the more a young person can practice keeping focus and resist distraction, the stronger and more richly connected this child becomes. By the same token, the more distracted, the less so. Rebecca finds that the evidence is clear in our own homes and in classrooms ‘we now have young people who are experts at ‘flitting’ from one device to another’ and she refuses to take a defeatist approach because without refocusing those ‘flitters’ to ‘focusers’ who risk the next generations creative or scientific masterminds we risk losing children who are able to ‘sit still and agonise over a task long enough to see it through to its marvellous end’

**Tips for helping kids maintain focus and attention**

1. **Build your child’s focus**

   As with all tasks the aim is to start small and build your child’s capacity to master the concept of ‘sticking with it’. Cath, a school counsellor, finds that she can use the same strategies with the teens she works with and her primary school aged children when she gets home: ‘it’s all about breaks and rewards. Set a timer between breaks and then on a break they need to do something active like a push-up. Then there is a little reward for staying on task for a particular amount of time.

2. **Remember it’s all about the journey**

   Parents and researchers agree that understanding what can be gained from being focused is the key to engaging your ‘flittering’ child. Our solution driven society is often focused on what we receive at the end rather than the process to get there. Teaching your children to tolerate the unexpected can have wonderful benefits, as can sitting with something that may have previously been viewed as unachievable.
3. Keep calm and focus

Use calm methods to engage children who become distracted: ‘breathe, relax and high five each other’ when working alongside your child or when with a group of children. Talk about what might be achieved at the end and make it a fun process.

 Screens, for all their negatives and benefits, are here to stay. Many argue that they provide complexity and new experiences to our children’s world by identifying exciting technologies but they also provide avenues to ‘opt out’ of the hard yards.

Reaching what you thought was unattainable by engaging in a single focus and ‘sticking with it’, can provide lifelong lessons.

Reminder: VacSwim October enrolments close on Monday 29 August.

It is important for every child to learn to swim and develop essential water safety skills. VacSwim offers affordable school holiday swimming lessons run by qualified instructors at a range of locations throughout the state.

To enrol or find out more, please visit education.wa.edu.au/swimming.

TRINITY COLLEGE CURRENTLY TAKING ENROLMENT INTERVIEWS

If you are looking for a holistic, quality Catholic education for your son, Trinity College in East Perth may be the school you are searching for. We strive to provide the highest level of teaching and learning in an environment that keeps expanding to meet the physical and emotional needs of all students. To learn more about the extensive things on offer such as our state-of-the-art robotic observatory or our Design and Technology centre using the latest equipment in technology laboratories, please visit our website for further information. Interviews are now taking place for Year 7 in 2018, with limited places available for Year 7 next year. Visit www.trinity.wa.edu.au or contact 9223 8121 to book a guided tour.